

ready to hold court?

no strings badminton



any age,
any ability,
just pay
& play...

...it's right up your street

Social badminton sessions for all abilities...just pay & play!

Every **Tuesday** (starting 5th October)

Time: **12.30pm - 2.30pm**

Play at any time within the 2 hours

£3 per session (£2.50 for National Badminton Centre members)

National Badminton Centre, Loughton Lodge, Milton Keynes MK8 9LA

For more information please call 01908 578300

Please bring clean non marking sports trainers to change into at the centre. Rackets are available to hire for £1 or alternatively you can bring your own. Shuttles will be provided.

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sign up for great prizes and promotions
www.nostringsbadminton.co.uk

fun. friends. fitness.